



## **Recording Legacies**

### **Your Rights and Your Choices**

At Recording Legacies, your comfort, dignity, and control are always the priority. This document explains how recording works and what choices you have.

#### **Your Choice to Take Part**

Taking part in a recording is always voluntary.

You are free to:

- Take breaks
- Skip questions
- Change topics
- Stop at any time

You never have to share anything you are uncomfortable with.

#### **Purpose of the Recording**

Your recording is created to:

- Preserve your memories and stories
- Share messages with loved ones
- Create a personal legacy film

It is shaped around what feels right for you.

#### **Consent and Capacity**

Before recording begins, we make sure that:

- You understand what the project involves
- You are choosing to take part freely
- You are not under pressure from anyone

If needed, a trusted representative may be involved.

#### **Who Can View Your Video**

You decide who may see your finished film.

This may include:

- Immediate family
- Named individuals
- Other people you specify

Your wishes are always respected.

## **When Your Video Is Shared**

You choose when your video may be shared:

- Immediately
- After your death
- On a specific date or event

Nothing is shared without your agreement.

## **Public Use**

Your recording is private by default.

It will **never** be used publicly unless you clearly agree in writing.

If you do not give permission, your footage remains private.

## **Storage and Deletion**

Your recordings are stored securely on an encrypted physical hard drive.

Precautions have been taken for your recordings to still be accessible if something happens to Jack at Recording Legacies.

You may request deletion of your footage at any time, where technically possible.

## **Questions and Support**

You are always welcome to ask questions before, during, or after your session.

Your comfort matters.

If you have any questions or queries about this document or any others, please contact:

[contact@recording-legacies.com](mailto:contact@recording-legacies.com)

